

DR KOUROSH TAVAKOLI

DR KOUROSH TAVAKOLI

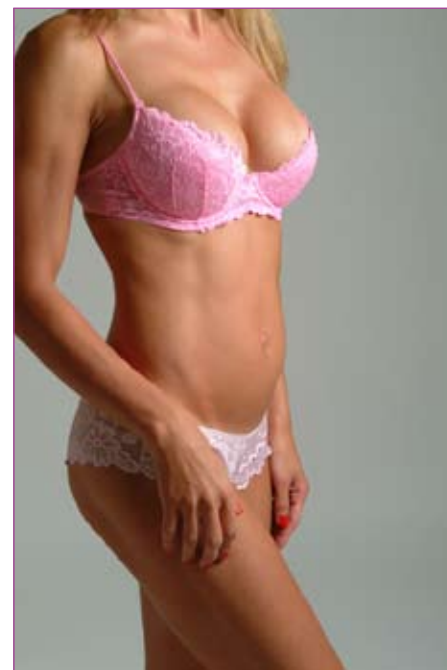
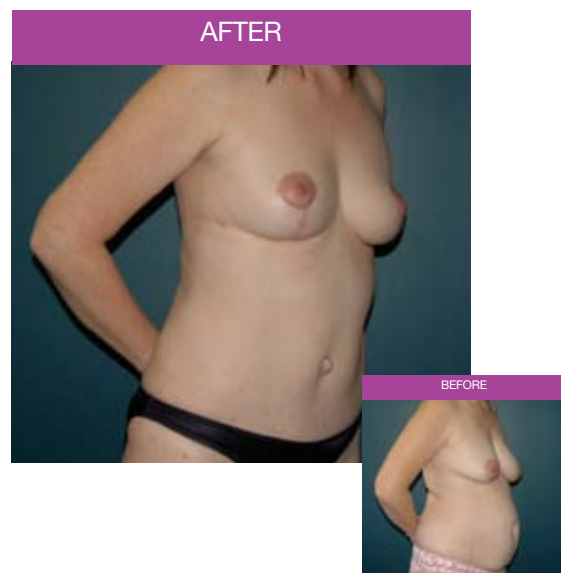
# THE ULTIMATE POST PREGNANCY PROCEDURE

REGAINING YOUR FIGURE POST PREGNANCY IS NOW ATTAINABLE SURGICALLY

According to Dr. Kourosh Tavakoli, cosmetic plastic surgeon and director of the Luxe Medispa, one of the most common reasons for women seeing him for a consultation is their desire to return to their pre pregnancy shape following childbirth.

He does not advise this procedure until at least 18 months after giving birth to their last child. He also makes sure that the prospective patient, is not suffering from postnatal depression and that they are in good health. The procedure targets the key areas of change that have occurred in their body. The breasts, the stomach and the love handles and upper thighs. It can be performed as one procedure or over 3 separate operations.

For the breasts a lift or even a reduction may be necessary depending on the concern. For the tummy, a full or mini abdominoplasty will be performed. If the woman has had caesareans then they will most certainly need a full abdominoplasty. The love handles and resculpting of the upper thighs is carried out by liposculpture which may also be used as part of the abdominoplasty procedure as well. Unfortunately no amount of exercise and dieting can bring about these changes making this surgery so desirable.



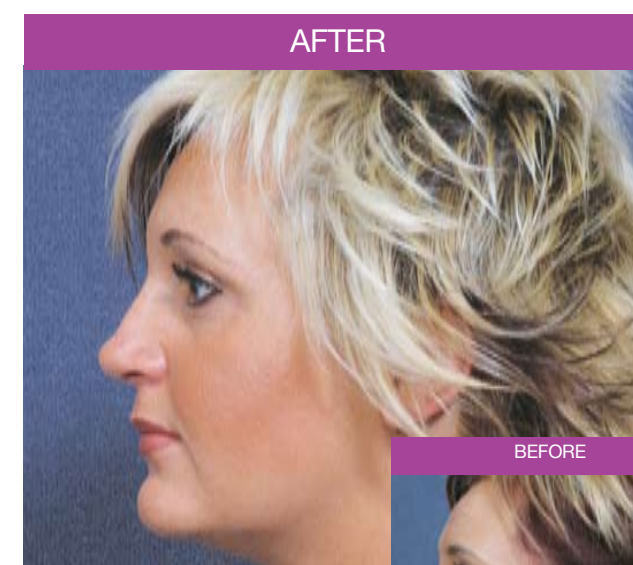
Before and after photos of patient of Dr. Tavakoli who have undergone this procedure. Results may vary from person to person.

## FOR MORE INFORMATION:

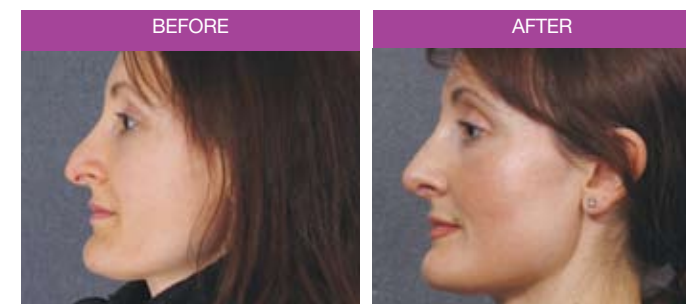
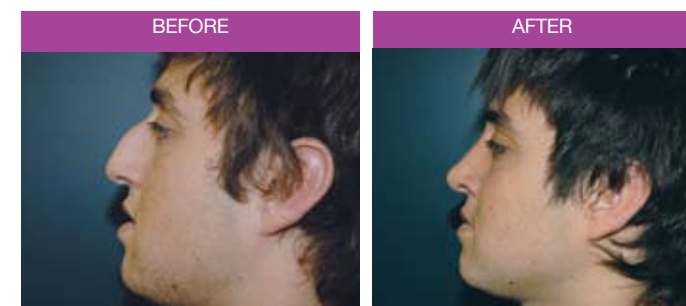
DR KOUROSH TAVAKOLI, MS, FRACS (plast)  
 COSMETIC PLASTIC SURGEON,  
 DIRECTOR OF LUXE MEDISPA.  
 Member of the Australian Society of Plastic Surgeons  
 Darling Point (East) & The Hills District, NSW  
 Tel 1300 368 107  
[www.drtavakoli.com.au](http://www.drtavakoli.com.au)

# CREATING THE IDEAL NOSE SHAPE

BRING BETTER SYMMETRY AND ALMOST INSTANT FACIAL AESTHETIC IMPROVEMENTS WITH THIS SURGERY



Before and after photos of patients of Dr. Tavakoli who have undergone this procedure Results may vary from person to person.



One of the most commonly performed cosmetic surgery procedures is the rhinoplasty. This procedure represents the greatest fusions between art and science. Sculpting a new nose requires an in depth knowledge of nasal anatomy and function as well as a true sense of the patient's sense of beauty and ethnicity. The nose you end up with should fit easily into the shape of your face and in fact should not be distinguishable from any other feature.

A well recognized successful rhinoplasty is that of Ashley Simpson, American Pop star. Her new nose was so right for her face that it really accentuates its true beauty.

Rhinoplasty can improve the tip of the nose and its projection and the removal of the hump on a nose can change the length as well as the shape of that nose. Most rhinoplasty procedures can be performed as day only cases requiring a week off work.

Successful rhinoplasty is a combination of careful patient selection and planning, accurate operative technique and thorough postoperative care.



Dr Tavakoli is a fully qualified plastic surgeon specialising in minimal scar cosmetic surgery of the nose and breast. Although trained predominantly in Sydney and Melbourne, Dr Tavakoli has visited some of the most reputable centres in the USA, Brazil, Spain and Italy. Dr Tavakoli and his team are well known in the cosmetic industry for the highest level of care and expertise.

Dr. Kourosh Tavakoli

## FOR MORE INFORMATION:

DR KOUROSH TAVAKOLI, MS, FRACS (plast)  
 COSMETIC PLASTIC SURGEON,  
 DIRECTOR OF LUXE MEDISPA.  
 Member of the Australian Society of Plastic Surgeons  
 Darling Point (East) & The Hills District, NSW  
 Tel 1300 368 107  
[www.drtavakoli.com.au](http://www.drtavakoli.com.au)