

case study

wedding belle

A rhinoplasty and breast augmentation by Sydney plastic surgeon **Dr Kouros Tavakoli** alleviated one patient's body concerns for her wedding day. Jessica Rule reports.

Rhinoplasty and breast augmentation are two of the most common cosmetic procedures performed in Australia. They also have some of the highest patient satisfaction rates.

This was the case with a 25-year-old patient of Sydney plastic surgeon Dr Kouros Tavakoli, who says she was so pleased with her results she wishes she had chosen to undergo the procedures earlier.

The patient came in for a consultation with Dr Tavakoli after seeing examples of his previous work. 'Originally I came in solely to have my breasts enlarged, although I also explained my self-consciousness about my nose and

'My nose was crooked and it had a bump as a result of breaking my nose when I was a child'

we discussed it further,' she says. 'Dr Tavakoli showed me a digital image of what I'd most likely look like after nose reshaping and once I saw this I wanted to go ahead with a rhinoplasty procedure as well.'

Her pending wedding day had been motivation for her to address two of her long-standing concerns about her body. 'I was very self-conscious about my profile. Not only was my nose crooked but it had a bump in the bridge as a result of breaking my nose when I was a child,' she explains. 'I've also always been conscious that I am flat-chested, and my wedding gave me the impetus to go ahead with a breast augmentation.'

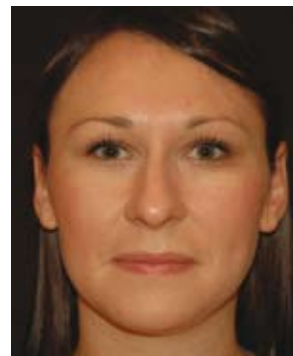
'During consultation Dr Tavakoli advised me on what nose and breasts would be in harmony with the rest of my facial features and physique,' she says. 'Seeing how I would most likely look after the surgery gave me the confidence to go ahead with the operation.'

Dr Tavakoli thoroughly discussed both procedures and explained what would happen before, during and after the surgery. 'My key concern was pain. Even though I'm a nurse and have worked in surgical theatres, this was the first surgery I'd undergone.'

She says she only experienced moderate discomfort following the surgery. 'The areas were sensitive to the touch and there was some swelling and bruising, but I think it looked worse than it felt,' she says. 'The temporary

pressure and discomfort I had was well managed with pain relief and analgesics.'

The patient says Dr Tavakoli was caring, thorough and approachable and she couldn't be happier with the results. 'I would certainly go back if I wished to have further procedures in future,' she says. 'I felt like a princess on my wedding day. Having these procedures performed helped make my dream day a reality.' **acsm**



BEFORE



AFTER rhinoplasty by Dr Tavakoli



BEFORE



AFTER rhinoplasty by Dr Tavakoli



BEFORE



AFTER breast augmentation by Dr Tavakoli